

Menu Week 1

Meal Period		Monday 2 Dec 2024	Tuesday 3 Dec 2024	Wednesday 4 dec 2024	Thursday 5 Dec 2024	Friday 6 Dec2024
Breakfast	Choice of 1 Snacks	Tuna Sanwwiches cantonese Yee mee Tuna Sanwwiches	Home baked swiss roll Chinese fried rice Home baked swiss roll	Mini egg sandwiches Fried yellow noodles Mini egg sandwiches	Toast Bread with Kaya Nasi Lemak Toast Bread with Kaya	Toast bread with strawbrry jem Fried mee hoon Toast bread with strawbrry jem
	Vegetarian Snack					
	Beverage	Home made Herblal Tea	Warm Barley with Pandan	Warm Milo	loh hon kua drink	Soya Bean Milk
Lunch	Choice of	Spaghetti with Mushroom cream sauce Roasted Chicken with Gravy Mix vegetables	Fusilli pasta with sica Tomato sauce Grill Fish fillet with Mushroom cauliflower and sherdded carrot	Mac and cheese Asian style baked fish with roma tomato Stir Fried long bean vegetables	Indonesia mee hoonsoup Fish cake / Fry shallot/ spring onion Bean sprout	Spaghettie pasta with mushroom cream Baked chicken with garlic sauce Local green vegetables
	Set A					
	OR					
	Set B	Steam fragrant white rice sweet and sour fish fillet Siew pak choy with oyster sauce	Home style tomato rice Ayam masak merah Acar timun	pandan steam rice Roasted BBQ Chicken Chinise style local lettuce with Garlic	Steamed White Rice braised chicken with Black Mushroom Steam Shanghai Egg with garlic	fragrant white rice Ginger and spring onion fish fillet Japanese Tofu with Egg
Drinks Dessert OR Fruit	Warm Water water melon	Warm Water Honey melon	Warm Water Home made jelly	Warm Water orange	Warm Water Green apple	

Meal Period		Monday 9 Dec 2024				
Breakfast	Choice of 1 Snacks	Banana Cake Fried Mee Mamak Banana Cake				
	Vegetarian Snack					
	Beverage	Home made Herblal Tea				
Lunch	Choice of	Ipoh kuey teow soup Fish Ball/ Fish cake & fry shallot Spring onion				
	Set A					
	OR					
	Set B	Steam fragrant white rice Deep fried fish with gingrr sauces Choy tam with oyster sauce				
Drinks Dessert OR Fruit	Warm Water water melon					