

**Menu Week 1**

Meal Period		Monday 6 January 2025	Tuesday 7 January 2025	Wednesday 8 January 2025	Thursday 9 January 2025	Friday 10 January 2025
Breakfast	Choice of 1 Snacks	Home baked banana cake Hong Kong style noodles Home baked banana cake	Mini cheese sandwiches Chinese fried rice Mini cheese sandwiches	Toast bread with strawberry marmalade Fried kuey teow Toast bread with strawberry marmalade	Fried Singapore mee hoon Butter marble cake Butter marble cake	Roti canai with dhall Triangle egg sandwiches Roti canai with dhall
	Vegetarian Snack	Home baked banana cake	Mini cheese sandwiches	Toast bread with strawberry marmalade	Butter marble cake	Roti canai with dhall
	Beverage	Warm chrysanthemum tea	Low fat milk	Homemade soya bean	Homemade herbal tea	Warm milo
Lunch	Choice of Set A	Home style biryani rice Semi dry onion chicken curry Fresh cucumber slice	Trio pasta with tomato concase Baked perch fish with onion sauce Sautéed cauliflower with garlic	Penne pasta mushroom carbonara Grilled perch fish with béchamel sauce Sweet corn kernel with butter	Spaghetti pasta oglio olio style Roasted chicken with herb Salad with dressing	Fusilli pasta with cream and cheese Grilled fish fillet with tomato Broccoli with carrot
	OR					
	Set B	Butter rice Crispy Golden fish with buttermilk sauce Stir fried cauliflower	Steamed white rice Nestum chicken Stir fried siew pak choy	Steamed fragrant white rice Kalio chicken with potato Chinese cabbage with dry mushroom	Steamed fragrant rice John Dory with teow chew sauce Braised eggplant home style	Nasi minyak Chicken rendang Sautéed round cabbage with tumeric
	Vegetarian Dish	Butter rice Hong siew taufoo Stir fried cauliflower	Steamed white rice / pasta Japanese taufoo with egg drop Stir fried siew pak choy	Steamed fragrant white rice Braised local bean curd Chinese cabbage with dry mushroom	Steamed fragrant rice Sautéed potato Braised eggplant home style	Nasi minyak / pasta Omelette with tomato Sautéed round cabbage with tumeric
	Drinks Dessert OR Fruit	Warm water Honeydew	Warm water Papaya	Warm water Orange	Warm water Watermelon	Warm water USA red apple

**Menu Week 2**

Meal Period		Monday 13 January 2025	Tuesday 14 January 2025	Wednesday 15 January 2025	Thursday 16 January 2025	Friday 17 January 2025
Breakfast	Choice of 1 Snacks	Chocolates swiss rolls Fried low si fun Chocolates swiss rolls	Egg sandwich Shitake mushroom fried rice Egg sandwich	Homemade marble cake Wanton noodles with bbq chicken Homemade marble cake	Chee cheong fun Toast bread with kaya Chee cheong fun	Mini strawberry sandwiches Nasi lemak with condiment Mini strawberry sandwiches
	Vegetarian Snack	Chocolates swiss rolls	Egg sandwich	Homemade marble cake	Chee cheong fun	Mini strawberry sandwiches
	Beverage	Homemade herbal tea	Warm barley with pandan	Warm milo	Full cream milk	Soya bean milk
Lunch	Choice of Set A	Linguini pasta with shitake cream sauce Fried chicken with spices German potato salad	Fusilli pasta with sicca tomato sauce Baked fish garlic white sauce Garlic potato with oregano	Truffle spaghetti oglio olio Asian style baked fish with roma tomato Caramelized carrot oblique	Elbow macaroni with cheese sauce Baked John dory with spices White bok choy with oyster sauce	Arab rice Curry chicken with potatoes Pickled onions and cucumbers
	OR					
	Set B	Steamed fragrant white rice Hong Kong steamed herbal chicken Local choy sum with oyster sauce	Home styled tomato rice Ayam masak merah Cucumber and carrot pickles	Chicken rice flavour Roasted BBQ chicken Chinese style Fresh sliced cucumber	Steamed white rice Braised chicken with black mushroom Steamed Shanghai egg with garlic	Fragrant white rice Ginger and spring onion fish fillet Sautéed assorted vegetables with Chinese mushroom
	Vegetarian Dish	Rice / pasta Hard bean curd with soya sauce Local choy sum	Rice / pasta Omelette with shredded carrot Sautéed potato	White rice / pasta Steamed Japanese white bean curd Blanch Australian carrot	Pasta / steamed white rice Deep fried vegetable roll White bok choy	Baked rice with monza cheese Sautéed long cabbage Stir fried oyster mushroom
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Honeydew melon	Warm water Homemade peach jelly	Warm water Assorted mixed fruits	Warm water Orange

Menu Week 3

Meal Period		Monda 20 January 2025	Tuesday 21 January 2025	Wednesday 22 January 2025	Thursday 23 January 2025	Friday 24 January 2025
Breakfast	Choice of 1 Snacks	Steamed assorted mini pau Braised yee mee	Roti canai with dhall Fried mee mamak style	Mushroom soup with garlic bread Stir fried nissin noodles	Homemade donut Japanese fried rice with tamago	Mini sausage rolls Hong Kong style noodles
	Vegetarian Snack	Steamed assorted mini pau	Roti canai with dhall	Mushroom soup with garlic bread	Homemade donut	Cheese sandwiches
	Beverage	Warm barley	Warm chrysanthemum tea	Warm milo	Low fat milk	Soya bean milk
Lunch	Choice of Set A	Arrabiata fusilli Roasted chicken with au jus sauce Sweet corn with garlic butter	Elbow pasta with mushroom cream sauce Baked fish with cheese sauce Garden green vegetables	Penne Neapolitan Grilled chicken with oyster mushroom cream Assorted vegetable with light cheese	Linguine pasta with herb tomato Perch fish parmigiana & cheese Sautéed potato with Spanish onion	Home style biryani rice Semi dry onion chicken curry Fresh cucumber slice
	OR					
	Set B	Steamed white rice Dory fillet with kong poh style Chinese style mixed vegetables	Fragrant white rice Baked chicken butter milk sauce Stir fried broccoli flower	Steamed white rice Sweet and sour fish fillet Local choy sum with oyster sauce	Pilaf rice Ginger and spring onion chicken Stir fried siew pak choy	Butter rice Crispy golden fish with buttermilk sauce Stir fried cauliflower
	Vegetarian Dish	Steamed white rice Bean curd with dark soya sauce Chinese style mixed vegetables	Fragrant white rice Braised tau foo pop with mushroom Stir fried broccoli flower	Steamed white rice / pasta Tom yam bean curd Local choy sum	Pilaf rice Mah poh bean curd Stir fried siew pak choy	Butter rice Hong siew tau foo Stir fried cauliflower
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Homemade chocolate jelly	Warm water USA red apple	Warm water Papaya	Warm water Honeydew