

Meal Period		Monday 2 September 2024	Tuesday 3 September 2024	Wednesday 4 September 2024	Thursday 5 September 2024	Friday 6 September 2024
Breakfast		Fried Kuey Teow	Nissin noodles	Marble cake slice	Hokkien fried rice	Home baked swiss roll
	Beverage	Full Cream Milk	warm Barley	Home made soya bean	House style herbal tea	Warm Milo
Lunch		Steamed white rice Sweet and sour fish fillet Siew pak choy in garlic	Steamed white rice Szechuan style chicken Stir fried cauliflower	Pasta with tomato sauce Deep fried fish fillet with bell pepper Local green vegetable	Steamed white rice Japanese beancurd with minced chicken Stir fried cauliflower	Steam white rice Curry chicken with potato Local green vegetable
	Drinks	Warm water	Water water	warm water	warm water	warm water
	Dessert OR Fruit	Water Melon	Orange	Water Melon	California Red Apple	pudding

Meal Period		Monday 9 September 2024	Tuesday 10 September 2024	Wednesday 11 September 2024	Thursday 12 September 2024	Friday 13 September 2024
Breakfast		Penang fried kuey teow	Chinese fried rice	Indonesia Mee Hoon	Fried Lou Shu fan	Swiss rolls
	Beverage	Warm Barley with Pandan	House style herbal tea	Warm Milo	full Cream Milk	Soya Bean Milk
Lunch		Steamed white rice Ginger and spring onion Chicken Chinese cabbage with shredded carrot	Spegetti pasta with tomato Fish fillet with butter milk sauce Sauteed green vegetable	Steamed white rice Roasted chicken with gravy Mix vegetable	Steamed white rice Chinese omelette with minced chicken Pak choy garlic with oyster sauce	Steamed white rice Butter chicken Sautéed round cabbage
	Drinks	Warm Water	Warm Water	Warm Water	Warm Water	Warm Water
	Dessert OR Fruit	Water Melon	Water Melon	Home Made coco jelly	Assorted mix Fruits	Orange

	Monday 16 September 2024	Tuesday 17 September 2024	Wednesday 18 September 2024	Thursday 19 September 2024	Friday 20 September 2024
		Cantonese kuey teow	Mee Mamak	Japanese fried rice	Nasi Lemak
Beverage		Soya	Warm milo	Low Fat Milk	Herbal tea
	Public Holiday	Steam white rice Braised chicken with mushroom Chinese mix vegetable	Pasta with Cream & cheese sauce Roasted chicken with Oregano sauce Stir fried long bean with garlic	Steamed white rice Beancurd with minced chicken Assorted green vegetable	Steamed white rice Steamed fish with light soya sauce and ginger Round cabbage with turmeric
Drinks Dessert OR Fruit		Warm Water Water Melon	Warm water Orange	Warm Water Apple	Warm Water Homemade jelly

	Monday 23 September 2024	Tuesday 24 September 2024	Wednesday 25 September 2024	Thursday 26 September 2024	Friday 27 September 2024
	Roti Canai	French toast with syrup	Porridge with chicken shedded	Egg sandwiches	Chinese fried rice
Beverage	Soya	Warm chrysanthemum tea	Warm milo	Low Fat Milk	Herbal tea
	Steamed white rice Baked chicken with brown sauce Assorted green vegetable	Mushroom aglio-olio pasta Roasted chicken with madeira sauce Sauteed siew pak choy	Steamed white rice Nestum chicken Assorted green vegetable	Tomato rice Ayam masak merah Cucumber pickles	Ipoh kuey teow soup Shredded chicken / bean sprout / spring onion Fry shallot
Drinks Dessert OR Fruit	Warm water Water melon	Warm water Orange	Warm Water Green Apple	Warm water Red Apple	Warm water Mix fruits

	Monday 30 September 2024				
	Cantonese yee mee				
Beverage	Soya				
	Steamed white rice Rendang chicken with potato Sautéed chinese cabbage				
Drinks Dessert OR Fruit	Warm Water Water Melon				